I. <u>Amendments to the Specification:</u>

Please replace the abstract beginning on page 14 with the following amended Abstract:

ABSTRACT

The present invention relates to methods of incorporating additives into a thin film formed on a substrate comprising:

forming an impregnatable thin film on at least one face of a substrate;

depositing an impregnation composition comprising at least one additive incorporated in an appropriate diluent medium on said impregnatable thin film by spin coating;

diffusing the impregnation composition within said impregnatable thin film and;

treating the substrate coated with the impregnated thin film to at least partially remove the diluent medium from the impregnated thin film.

The invention also relates to the application of such methods to the production of optical lenses, including in the colouring of such lenses.

In one non-limiting aspect, the present invention discloses an ophthalmic lens comprising an optically transparent substrate, wherein the substrate is coated, on at least one face, with an

optically transparent impregnatable thin film, adhering to the substrate and comprising an

impregnation composition, said thin film being produced from a polymer material obtained from a latex, wherein said thin film comprises a thickness of less than $5\mu m$.